



HEART & VASCULAR CENTER

OF SOUTH FLORIDA

1150 NW 35th Ave, Suite 240. Hollywood, FL 33021
Phone: 954-362-3426 Fax: 954-362-3432

Stress Echo Instructions

For the treadmill exercise test, it is important to wear comfortable clothing and shoes. Sandals, high-heels, metal wired bras and metal buttons are not to be worn during the test.

DO NOT TAKE THE FOLLOWING MEDICATIONS ON THE DAY OF YOUR TEST

Lopressor, Toprol, Metropolol, Tenormin, Tenoretic, Atenolol, Coreg, Carvedilol, Inderal, Propranolol, Normodyne, Trandate, Labetalol, Corgad, Nadolol, Zebeta, Ziac, Theodur, Uniphyl, Theo24, or Theophyline.

Cancellation Policy: In the event you need to cancel your appointment, please do so no later than 24 hours before your scheduled appointment to avoid a \$50.00 no-show fee.

Name: _____

Date: _____

Signature: _____